

# Beyond Words

## Grieving when your child has died

by Andrew Thompson (Starship Hospital and Auckland University) and Tricia Irving Hendry (Skylight)

**The death of a child is a heartfelt experience like no other.**

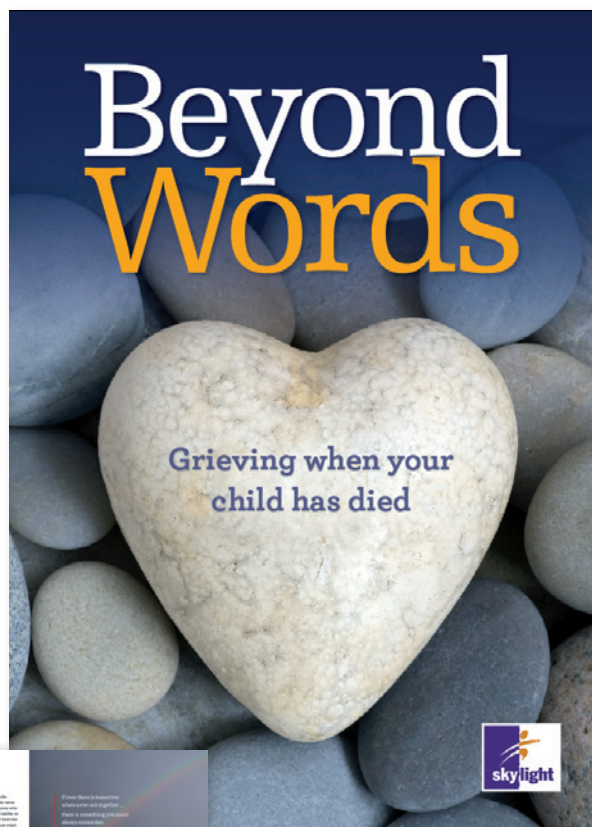
**It is a deep grief experience that goes beyond words.**

The loss affects bereaved parents emotionally, physically, mentally, spiritually and socially. It makes more demands on them than most others ever realise.

Many bereaved parents say that the only people who can ever genuinely begin to understand what it's like for them are other bereaved parents. Hearing from others who have 'been there' can make all the difference. For this reason, **Beyond Words** is a handbook that features the honest words, perspectives and suggestions of many bereaved parents. It also offers useful information about managing grief, support options and ideas that may be helpful on the grief journey.

It is comforting, encouraging, informative and practical.

It will also provide understanding and insights to professionals and others seeking to effectively support bereaved parents.



**\$26**

Cost : \$26 (NZD)

**Beyond Words is available from :**

Online at the Skylight Shop:  
[www.skylight.org.nz/shop](http://www.skylight.org.nz/shop)

Email: [support@skylight-trust.org.nz](mailto:support@skylight-trust.org.nz)

Phone: **0800 299 100** (NZ),  
**+64 4 939 6767** (International).

International Enquiries: for bulk purchase, translation or regional licensing rights, please contact [publishing@skylight-trust.org.nz](mailto:publishing@skylight-trust.org.nz)

**Skylight** is a national, New Zealand charitable trust supporting children, young people, adults and their families and friends who have been affected by change, loss, trauma and grief - whatever the cause. Skylight also equips, supports, trains and resources the caregivers, relatives, friends, neighbours, workmates, community groups and professionals caring for them.

